

Cecilia Ponce

Cecilia is a first generation UCLA Alumni who received her Bachelor of Arts in Geography and Environmental Science. She is from Guadalajara, Jalisco Mexico. Cecilia has been serving her community through her private personal training business. She serves clients on a one to one basis and helps them move their bodies and regenerate their health by leading healthy and balanced lifestyles.

Cecilia is pursuing a Masters of Public Health in the hopes of garnering the skill sets to incite community wide changes by providing equitable access to healthcare and physical activity to all individuals.

Cecilia is fluent in Spanish she was raised in Guadalajara until the age of eight. After working in the field serving clients individually she hopes to pursue Community Health education and the promotion of health services focused on programs that address Social, Gender and Environmental factors in health.