

Elizabeth Gaines

Elizabeth Gaines is a lab manager at the Social Affective Neuroscience & Development (SAND) Lab at UCLA. She graduated from UCLA with a BS in Neuroscience and a minor in Film and TV Studies. As an undergraduate student, Elizabeth worked as a research assistant within the SAND Lab, working on projects pertaining to emotional development, and the social determinants of early life stress.

In her pursuit of a Master's in Public Health, Elizabeth hopes to gain more exposure to research topics and methods on a population level, as well as the study of community health and outreach. She hopes to pursue a career as a project coordinator, working to characterize and improve health outcomes associated with early life adversity, as well as evaluating factors that contribute to resilience.

In her free time, Elizabeth enjoys crocheting, watching movies, and cuddling with her cat. She *attempts* to read 50 books a year, and would love to tell you all about it.