Zarreah Brown

Zarreah Brown is currently a Community Health Educator at Planned Parenthood Pasadena and Gabriel Valley (PPPSGV). She provides sexual health education to people of all ages and advises a public-health-oriented peer education and advocacy program for high school youth in the San Gabriel Valley. She graduated with her BS in Public Health from San Diego State University in 2019 and immediately returned to her hometown of Bakersfield to serve as a Health Educator for Kern County Public Health Department. While working there she provided maternal health education for the California Black Infant Health program. After noticing a need for increased access to comprehensive sexual health education, she decided to pursue work with Planned Parenthood's education programs. Zarreah's overall goal is to increase pregnancy education and healthcare, especially addressing the Black maternal health crisis. In her downtime, Zarreah enjoys being outdoors and is an advocate for self-care.